



Date: \_\_\_\_\_

RE: Letter of Medical Necessity for No BS Weightloss Program for FSA/HSA reimbursement

To whom it may concern,

This letter is written to provide information about the membership of \_\_\_\_\_ who started our weight loss program on \_\_\_\_\_, 20\_\_\_\_\_.

The No BS Weightloss Program is a weightloss program and monthly membership subscription. Members are charged a recurring monthly membership fee of \$59 for the No BS Success Path Program and entry services.

As a Certified Master Weight and Life Coach from The Life Coach School, I've created The No BS Weightloss Program to teach women how to lose both their physical and mental weight. The focus is on learning how to eat according to your body and how to change your relationship with food.

The courses provided help women to lose weight through:

- realistic planning
- listening to their physical hunger sensations
- prioritizing sleep and water
- and redefining their view on their ability to lose weight.

For information about our program, visit [www.phit-n-phat.com/fsa-and-insurance](http://www.phit-n-phat.com/fsa-and-insurance).

Sincerely,

A handwritten signature in blue ink, appearing to read "Corinne".

**CORINNE CRABTREE**

Founder & CEO

